

The aim is to create a safe, supportive environment for young people to develop and enjoy their lives without doing harm to themselves and others; to develop greater confidence, self-esteem, self-discipline, self-reliance, and respect for themselves and others through recreation: to reduce boredom, anxiety and depression, to improve physical health and fitness; to promote an understanding and respect for the natural environment; to increase self-confidence. And to have fun !

High Country Adventure Camp provides young people with an opportunity for personal, social and physical development in a caring and supported social environment. .Based at Howqua River Camp site with river frontage on Howqua River, approximately 200 km North East of Melbourne our Camp programs revolve around the activities of horse riding, tobogganing, archery, fishing, bushwalking and much, much more. These trips provide an excellent opportunity to improve physical skills, foster a cooperative community spirit and develop environmental awareness.

High Country Adventure Camp actively seeks participants from a wide range of cultural, religious and economic backgrounds. We encourage participants to develop friendships beyond the usual boundaries of their social groups.

Our volunteers and leaders (all with national Police checks) tend to be as diverse a group as the campers. Many leaders have developed their skills and knowledge through participation as campers in previous camp programs. Some leaders have additional skills and qualifications in teaching, outdoor education and social welfare. All our leaders give their time to provide memorable camp experiences, acting as role models and helping to enhance the self-esteem of participants.

The Camps are organised by our Adventure Camp Coordinator and volunteers who report to the Operations Manager.